

Food Comida				
Name	Address	Phone	Date/Time	Notes
Colorado Springs Food Rescue	917 E Moreno Suite 130 Colorado Springs, CO 80903	719.470.2737	Tuesday-Thursday at 3pm Saturday at 12pm	
Deerfield Hills Community Center	4290 Deerfield Hills Rd Colorado Springs, CO 80916	719.385.5996 call to make an appointment	Fourth Friday of Every Month	
Harrison School District Two	Various schools have grab and go	719.579.2000	10am-12pm	Bag of food for ages 0-18
Servicios de La Raza				
Care and Share Food Bank For Southern Colorado	Various distribution sites call to find nearest location to you	719.955.0742		
Colorado Springs School District 11	Various schools and sites have grab and go	719.520.2000	Monday-Friday at 11am-12:30p,	Bag of food for ages 0-18
Silver Key Senior Food Delivery		719.884.2300		Seniors, food pantry, grab and go and delivery sites
Christian House of Prayer	4360 Bradley Rd Colorado Springs, CO 80911	719.596.7469	Mon/Tues/Thurs/Fri 1 st and 3 rd Saturday	By appointment
New Directions Agape Services	2060 Jet Wing Dr Colorado Springs, CO 80916		Monday-Friday 12pm-2pm Grab and Go Emergency Food Boxes Saturday 10am-12:30pm food pantry	
SOCO Heating and Cooling		719.551.2232		Free grocery delivery for all seniors
No Hid Hungry	Text	Text FOOD to 877-877		Free meals for kids

Health Salud				
Name	Address	Phone	Date/Time	Notes
Aspen Pointe	24/7 Crisis Walk-In Center- 115 S Parkside Dr	Crisis Line-719.635.7000 Text TALK to 38255	Different Locations	Mental Health/Telehealth
UCHealth Drive	175 S Union		9am-5pm	People over 65

Through COVID-19 testing	Blvd			showing symptoms are priority. Free, no insurance needed. Bring ID
Peak Vista Community Health Centers	Telehealth	719.632.5700		
Colorado Crisis Services		1844-493-8255 or text TALK to 38255		Mental health resources 24/7
YMCA On Demand	Online	https://ymca360.org/on-demand/category/85		Workout videos for kids and adults online
TESSA		719.633.3819		Domestic violence safe line 24/7
Peak Vista Testing site	3205 North Academy Colorado Springs, CO		Monday-Friday 10am-2pm	COVID-19 testing for kids 12 or older who have symptoms

Transportation		Transportacion		
Name	Address	Phone	Date/Time	Notes
Infinity Shuttle	Infinityshuttle.vip	719.666.2460	Call to make an appointment	Deliver food, give people rides, pick up supplies

Household Supplies		Provisones Domesticas		
Name	Address	Phone	Date/Time	Notes
Colorado Springs Pregnancy Center	1)3925 Centennial Blvd Colorado Springs, CO 80907 2)3700 Galley Rd Colorado Springs, CO 80909	1)719.623.2870 2)719.591.2724	1)Tuesday/Thursday 8:30am-4pm Saturday 8:30am-2pm 2)Monday/Wed 10am-7pm	Diapers and Formula
Care and Share Food Bank	2605 Preamble Point	719.434.4676		Baby supplies

	Colorado Springs, CO 80915			
Catholic Charities of Central Colorado	Request supplies by phone	719.578.1222	ESL Classes call 719.866.6516	Baby supplies, ESL Classes, immigration services
Financial Assistance Ayuda Financiera				
Name	Address	Phone	Date/Time	Notes
United Way	Will refer you to resources based on your zip code	1866-211-9966 o "211"		Rent, bills, and food
Solid Rock Community Development Corporation		Apply online exponentialimpanct.com/small-business-emergency-relief-fund/#apply		Loans up to \$25,000 for small business
Salvation Army		855.768.7977		Bills, clothing, rent
One Fair Wage	Nationwide	Apply online https://ofwemergencyfund.org/help		Cash for those who earned tips-service industry